

# June 2021

## Help local people in crisis

### Items we would appreciate are:

Tinned fruit



Long life Juice



Tinned Meat



Jam/spreads



Toothpaste



**Please note that we have plenty of cereal, porridge, pasta, beans and soup**

**Please ensure all food is well within date and unopened as we are not allowed to distribute out of date food.**

**Donations can be left in the our collection bins in Asda, Sainsburys, Tesco and Waitrose.**

**Food donations can also be purchased by using the Spareable App**

**Financial donations can be made via our website [www.shepway.foodbank.org.uk](http://www.shepway.foodbank.org.uk)**