

May 2021

Help local people in crisis

Items we would appreciate are:

Long-life Milk

Long-life Juice

Tinned Meat

Instant Mash

Toothpaste



Please note that we have plenty of pasta, beans and soup

Please ensure all food is well within date and unopened as we are not allowed to distribute out of date food.

Donations can be left in our collection bins in Asda, Sainsbury's, Tesco and Waitrose.

Food donations can also be purchased by using the Spareable App

Financial donations can be made via our website www.shepway.foodbank.org.uk